

## The Compassionate Friends

## Lehigh Valley Chapter **Supporting Family After a Child Dies**



June 2014

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#### TCF Online Support

www.compassionatefriends.org click on "Online Support" under the "Find Support" tab

#### Who We Are

The Compassionate Friends (TCF) is a national nonprofit self-help organization that offers friendship, understanding and hope to bereaved parents, grandparents and siblings.

#### About Our Meetings...

Meetings are held 2nd Monday each month from 7 to 9 pm at Sacred Heart Hospital (2nd Flr. Conference Center), 4th & Chew Sts, Allentown. Free parking deck passes are available at the meeting.

Meetings are open to all bereaved parents, grandparents and mature siblings. Younger siblings may benefit from one of the children's bereavement groups listed below. Meetings vary, from sharing, to guest speakers, to special presentations. Separate sharing sessions are offered to new members. Participation in group sharing is confidential and voluntary. Our hope is that being among other bereaved parents you may feel free to talk, cry and share, but it is okay to just come and listen too.

#### Meeting and Events Calendar

June 9 Monthly Meeting - Topic: Fathers Day & General Sharing

TCF Picnic and Memorial Balloon Launch - Information - Page 2; RSVP - Page 12 June 14

July 14 Monthly Meeting - General Sharing

#### Meeting Cancelations

All cancelations will be posted on our facebook page - facebook.com/TCFLehighValley, on our website homepage & calendar - www.lehighvalleytcf.org and on voicemail 484-891-0823. Please refer to these sources for updates on the meetings

#### Other Local TCF Chapters Meetings

**Carbon County** Ist Wednesday 6:30 - 8:30 pm Palmerton Community Ambulance Assn. 501 Delaware Ave. Palmerton

610-826-2938 Email: pannbiss@aol.com Easton

2nd Thursday 7 - 9 pm Good Shepherd Lutheran Church, 2115 Washington Blvd., Easton 610-866-5468

Email: szabojanos I @verizon.net

Quakertown

2nd Tuesday 7:30 - 9 pm St. Lukes Quakertown Hospital 1021 Park Ave, Quakertown 215-536-0173

Email: tcfquakertownchapter@verizon.net

#### Local Children's Support Groups

Ryan's Tree for Grieving Children (ages 5-18) - www.slhn.org/ryanstree

Sessions are offered at various times throughout the year. Call Krista Malone @ 610-997-7120 for information or register Children's General Bereavement Group (ages 5 - 13)

leanette Laube, MA facilitates a children's bereavement group on a as needed basis. Preregistration required. Meeting day, time & place coincide with TCF, LV meetings. Call 610-762-5783 to register or for more information

#### **TCF Telephone Friends**

For those times that you need to connect with someone between meetings, the following bereaved parents are available to listen and share

Infant LossKim Szep 610-730-3111	Suicide John & Maria Szabo 610 866-5468
Infant Loss Cathy McDonald610 391-1474	Addiction Nancy Howe 484-863-4324
Multiple Children/ General Loss Betty Thompson 610 868-0303	Homicide Ginger Renner610-967-5113
Only Child Shelly Garst484 241-5396	

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## **News, Events & Announcements**



## TCF Picnic and Memorial Balloon Launch

June 14, 2014 12 Noon

#### **Moore Township Recreation Center**

All Families and friends who have experienced the death of a child, grandchild or sibling are invited to join as we celebrate and remember the lives of our children.

Lunch will begin at 12:00 noon followed by the Memorial Balloon release and fellowship.

TCF provides hot dogs, drinks, paper products. Attendees are asked to bring a side dish or dessert to share. Also provided are helium balloons and markers, with which to write a message to your loved ones.

If you plan to attend please fill out and remit the RSVP form on the last page of the newsletter or call (484) 891-0823



## We are on the Web



Visit www.lehighvalleytcf.org for information about the group, meetings, upcoming events and helpful links.

Like our facebook page www.facebook.com/TCFLehighValley for daily quotes, meeting and event reminders, updates

#### **About This Newsletter**



This newsletter comes to you courtesy of The Compassionate Friends, Lehigh Valley Chapter with the hope that it will be a helpful resource for you on your grief journey.

If you no longer wish to receive the newsletter please contact the newsletter editor by phone at 484-891-0823; by email: TCFNewsEditor@gmail.com or by mail sent to TCF Lehigh Valley, ATTN: Newsletter Editor, PO Box 149, Bath, PA 18014

Please Note: Our newsletters are mailed through Bulk Mail and the Post Office does not forward or hold bulk mail. It is returned to us at our expense.

If you are moving or having your mail held please remember to inform the Newsletter Editor (see information above). If your newsletter is returned to us and we are not notified your name will be removed from the mailing list.

#### **Newsletter Submissions**

Submit articles and poetry to the editor by the first of the proceeding month. Include the author's name & your contact information.

Mail to: TCF Lehigh Valley, ATTN: Newsletter Editor, PO Box 149, Bath, PA 18014 or email to: email: TCFNewsEditor@gmail.com

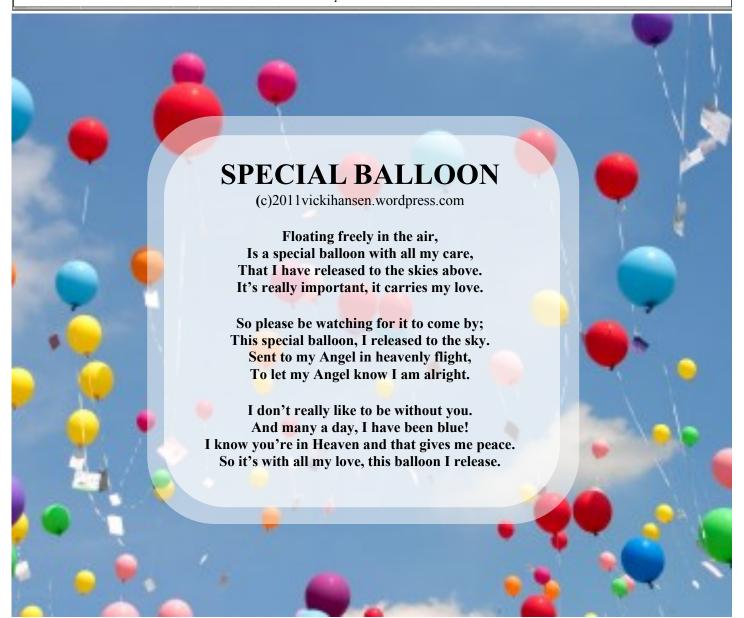
#### To Our New Members

Making the decision to come to your first meeting can be difficult. It can also be difficult to return for a second or third meeting, but we ask that you attend three meetings before deciding whether or not TCF will work for you. We cannot walk your grief journey for you, but we can take your hand and walk beside you if you allow us to. We have no easy answers or quick fixes, but we care, share and understand. Although our members circumstances may be different, we have all "been there"...we are all grieving the loss of a child and therefore we can truly say we understand. You are not alone.

#### **To Our Seasoned Members**

Think back to your first meeting, You were hurt, confused and felt alone in your grief. Remember the comfort you felt when you found you weren't alone and that others that had been where you were and survived. Remember the love and support you felt as fellow members offered on your grief journey. Now you are stronger and may not feel the need to attend meetings for aid and comfort. We need you though. New members need you. They need your encouragement, support and wisdom. If you haven't attended a meeting in awhile please consider coming back to offer hope to those who now feel lost and see no hope.

"It is one of the most beautiful compensations of life that no man can sincerely help another without helping himself" ~Ralph Waldo Emerson



Marie Albert

Jun 14

# **Our Children Loved and Remembered Always**

# Birthday and Anniversary dates can be especially difficult. Please keep the parents, grandparents and siblings of the following children in your thoughts and heart this month

Please Note: Due to privacy concerns Birthday and Anniversary listings are only published with permission for Parents/Guardians, Siblings and Grandparents. If your child, grandchild or siblings name does not appear or a correction is needed please complete and sign the Update Form on page 11 and mail to the address indicated. Thank You

#### June Birthdays

Daughter of Kim and Barbara Hunsicker

Patricia Alliston	Daughter of Glen and Peggy Wessner	Jun 22
Sean Apgar	Son of Randy Apgar	Jun 18
John Ashner, Jr.	Son of John and Grace Ashner	Jun 22
Mark Bailey	Son of Thomas and Karen Bailey	Jun 19
Aaron Bissell	Son of Bob and Patti Bissell; Brother of Danielle Bissell	Jun 17
Rachael Brosky	Daughter of Jeanette Beilfuss & Karl Brosky; Sister of Rebekah Brosky-Dorsey & William Brosky	Jun 9
Elizabeth Brown-Gibson, MD	Daughter of Richard J. and Marilyn Brown; Sister of Margaret Nahrganl & Eric Brown	Jun 15
Nathan Deutsch	Son of Ronald and Karen Deutsch; Brother of Stephen & Derek Deutsch	Jun 4
Illyana Figueroa	Daughter of Jennifer Santos & Michael Figueroa; Sister of Jayden Figueroa	Jun 21
Peter & Paul Fry	Sons of John and Cynthia Chryst; Brothers of Jeff Fry & the late Benjamin Fry	Jun 1
Jeffrey Halvorsen	Son of Deborah Halvorsen; Brother of Michael Halvorsen	Jun 20
Christopher Harrison	Son of Jerry and Elizabeth Harrison; Brother of Andrea	Jun 7
Jack Julo, Jr	Son of Jack and Margaret Julo	Jun 14
Bonnie Krause	Daughter of Josephine Leiby - Mather	Jun 22
Dylan Krum	Son of David & Lora Krum; Brother of The Late Gavin Krum; Grandson of Nevin Krum & Henry and Shirley Long	Jun 22
Wayne Marks	Son of Barbara Carter; Brother of Marie Greenwood	Jun 19
Michael McDonald	Son of Fran McDonald	Jun 26
Michael Milot	Son of John and Patti Milot; Brother of Jill	Jun 30
Peter Radocha	Son of Lucille Radocha; Brother of Gina Sacco & Frank Radocha, Jr	Jun 13
Nicole Reinhart	Daughter of Michael and Pamela Reinhart; Sister of Mikey & Timmy Reinhart	Jun 3
Amanda Schultz	Daughter of Mark and Patty Schultz; Sister of Ryan & Eric Schultz	Jun 18
Steven Seibert	Son of Thomas and Eva Seibert; Brother of Nick & Krista Seibert; Grandson of Eva Juhasz	Jun 27
Thomas Sensinger	Son of Ann Sensinger; Brother of Susan Brown	Jun 14
Philip Smith	Son of Morgan Smith	Jun 22
Brian Virga	Son of Carol Carman; Brother of Bruce Virga; Fran Catino & The Late Christopher Carman	Jun 23
Christopher Yetter	Son of Richard Yetter; Stepson of Robyn Yetter; Brother of Jessica Yetter & Nicholas Yetter	Jun 9

#### **June Anniversaries**

Christopher Carman	Son of Carol Carman; Brother of Fran Catino; Bruce Virga & The Late Brian Virga	Jun 8
Lorriane Corbo	Daughter of Debbie Goodman; Sister of Lisa Corbo	Jun 23
Rachel Dallas	Daughter of Robert and Linda Dallas; Sister of Sadie Dallas	Jun 14
Denise Deiter	Daughter of Franklin and Lucille Reinhard; Sister of Cheryl Ann McCue	Jun 11
Corey Deprill	Son of Chuck and Sue Deprill; Brother of Michael Deprill	Jun 25
Illyana Figueroa	Daughter of Jennifer Santos & Michael Figueroa; Sister of Jayden Figueroa	Jun 21
Wayne Forman	Son of Donald and Theresa Forman; Brother of Jeffrey, Carol, Ken & Gene	Jun 11
Joel Frisby	Son of Caroline Frisby; Brother of Richard, Gregory, Michael & Timothy Frisby	Jun 4
John Fry	Son of Cathy McDonald; Brother of Joey & Allison McDonald	Jun 14
Peter & Paul Fry	Sons of John and Cynthia Chryst; Brothers of Jeff Fry & the late Benjamin Fry	Jun 1
Mary Greaser	Daughter of Lucian and Brenda Strybuc	Jun 14
Jennifer Grider	Daughter of Carl and Joan Grider	Jun 29
Nicolas Gustafson	Son of Patty Gustafson; Twin Brother of Christin Gustafson	Jun 28
Jeffrey Halvorsen	Son of Deborah Halvorsen; Brother of Michael Halvorsen	Jun 4
Jill Harris	Daughter of Fred and Pat Andrew; Sister of Jeff	Jun 28
Lisa Hawk	Daughter of Bruce and Mary Hawk; Sister of Bruce Hawk	Jun 1
Jack Julo, Jr	Son of Jack and Margaret Julo	Jun 18
Frank Kerr	Son of Catherine Milano	Jun 23
Joseph McGouldrick	Son of Pat McGouldrick; Brother of Jennifer McGouldrick	Jun 5
Timothy Mihalko	Son of Nancy Mihalko	Jun 4
Ryan Miller	Son of Patti Miller & the late Richard Miller, Jr; Brother of Richard Miller, III	Jun 12
Lisa Munjone	Daughter of Lorraine Parkhurst	Jun 11
Rosemary Olesh	Daughter of Rose Mocidlowski; Sister of Jean Redding	Jun 21
Allison Perno	Daughter of Cathy Perno; Sister of Joseph & Anthony Perno	Jun 10
Stephen Rendish	Brother of Sheri Wilson	Jun 21
Nolan Ritchie	Son of Robert and Tiffany Ritchie; Brother of Triston & Cora Ritchie	Jun 23
Cory Ross	Son of Kathy Ross; Brother of Michael Ross	Jun 12
Eric Sisson	Son of Daniel Sisson and Crystal Crout; Brother of Courtney & Logan Crout	Jun 29
Jared Thomas	Son of Sandra B. Schueck	Jun 22
Brian Virga	Son of Carol Carman; Brother of Bruce Virga; Fran Catino & The Late Christopher Carman	Jun 9
Craig Yurick	Son of Robert and Sharon Yurick; Brother of Todd Yurick	Jun 21

**Please Note:** Due to privacy concerns Birthday and Anniversary listings are only published with permission for parents/guardians, siblings and grandparents. If your child, grandchild or siblings name does not appear above or a correction is needed please complete and sign the Update Form on page 11 and mail to the address indicated.

#### **Love Gifts**

There are no dues or fees to belong to The Compassionate Friends. Our largest monthly expense is the printing and mailing of newsletters to our 400 readers. Your tax deductable Love Gift donations enables the chapter to continue our mission of reaching out to the newly bereaved and providing ongoing support to all our members. Love Gifts are most often given in memory of a child who has died. They may also be given in memory of or in honor of a friend, relative or special person. To make a love gift donation please use form on page 11

Contributor	In Memory of
Tom and Karen Bailey	Mark Adam Bailey In Loving Memory
Fred and Pat Andrew	Jill Patricia Harris We love and miss you. Mom, Dad, Jeff, Sam & Alex
Beverly Cavanaugh	Holly Lynn Cavanaugh Happy 31st Birthday! Love you more and more, Mom XOXO
<b>♥</b> John and Grace Ashner	John Ashner, Jr. We love and miss you. Mom & Dad
♥ Kim & Barbara Hunsicker	Marie Lynn Albert Miss you and love you forever
David and Lora Krum	<b>Dylan Krum</b> Wish we'd be seeing you graduate. Happy Birthday, Dyl, Love Mom and Dad
Lucille Radocha	Peter Anthony Radocha Love You, Happy 41st Birthday in Heaven

## **Donations and Contributions**

#### **TCF Lehigh Valley Contributors**

- ★ Sacred Heart Hospital, `Allentown for meeting room and drinks
- ★ Mary Ann Donuts, Allentown for meeting snacks
- ★ Giant Food Store Employees, Village West, Allentown for United Way Contributions In Memory of David Todd Smith

- ★ Aetna Payroll Contributors
- ★ United Way Payroll Contributors

#### **TCF Carbon County Contributors**

- **★** Palmerton Community Ambulance Assn. for meeting room
- ★ The Country Harvest, Palmerton for meeting snacks



## A Hundred-Twenty, Less One

By Susan Presler TCF Amherst NY



I arrive late and alone this evening in June
And the band strikes up the time-honored tune.
Pomp and Circumstance resounds through the room
But the uplifting notes displace none of the gloom.

I slip into a seat far removed from the crowd

As the grads file in deservedly proud.

I pause for a moment my head is bowed

But to honor these students was something I'd vowed.

They had comforted me In my hours of need
Since the death of my daughter at the age of sixteen
Halfway through their Junior year
They had lost a friend whom they held dear.

They take their seats, a hundred-twenty, less one I regain control though my heart weighs a ton.

Speeches begin they mention her name
Because they're less one they won't be the same.

The school is presented a gift from the class

Beautiful trees in her honor along with a plaque

Proclaiming affection for a friend who is gone

That they, too, are sad they're a hundred-twenty, less one.

My vision's an ocean of blurred red ad white
As I try to focus to see their delight
As they leave the stage Diplomas in hand
Their parents rejoicing beginning to stand.

I cannot move til it's over and done

Mortarboards flying a hundred-twenty, less one.

I quickly slip out the way that I came

Not wanting to dampen their dazzling flames

My tears run unchecked I can't stop them now.

I've gotten through it though I'll never know how.

My one consolation this moment in timeShe, too, has graduated but to heights sublime.



## **Graduation Day**

By Peggy Gibson, TCF, Nashville, TN

It's graduation time again. Your child would have been among those wearing the cap and gown, walking down the aisle to the ever stirring "Pomp and Circumstance." Now there will be a vacant spot in the line. Should you attend? Can you stand the pain? Will people think you're strange?

As always, you must follow your heart. So, go if you'd like to, and don't hide your tears. It's quite alright to miss your own child when celebrating the achievements of others.

Just remember that your own instincts are the most important ones, that no one else can make this decision for you; and it doesn't really matter what other people think of you. It was your child who died. This is your pain, and you have the right to feel it and deal with it in your own way—and may a bit more healing take place in the doing.

## A Bear Hug For Father's Day

By Annette Mennen Baldwin, TCF, Katy, TX

As Father's Day approaches, we are reminded of the significant contributions and unique love of fathers and stepfathers. Their defined role, after the death of their children, is to support their wives and surviving children. But their pain is deep.

Men, by their nature and in response to our society's expectations, do not usually grieve as openly as women. They do not talk as candidly about their loss. They generally do not reach out to others for comfort. They are, after all, the rock, the solid center of the family. Their wife's pain supersedes their pain because women are fragile. Or so we are told. Yet, as I look into the eyes of so many bereaved fathers, I see a deep, gripping pain. The tears left unshed, the words that are never spoken, the anger, guilt and agony....all remain in the eyes of the bereaved father.

What can a father do? Talk with other bereaved fathers. Read books written by bereaved fathers. Talk with spouses, private counselors and close friends who are not as structured in their "male" societal roles. Try to attend three meetings of Compassionate Friends. You don't have to talk. But you might decide to express a single thought or idea, logically presented, to the small group. You might find peace in this place, and then again, you might not. But, as my own dad often said, "Step up to the plate and see what happens." He was a pretty wise man.....a child of the depression, a football player, Greatest Generation, WW II Marine, a fighter, a provider, a protector....a man's man. He endured much in his 78 years, and I only saw him cry a few times. But when his friend lost a child, my tough dad was the first one to reach out with a bear hug that wouldn't let go until the tears began to flow. They both cried. They both knew that the agony of losing a child was far worse than the horrors of war. Together, they cried.

Happy Father's Day....May your bear hugs be many and your memories become sweeter with each passing year. May your child live forever in your heart so that peace embraces you always.

#### Last Act

By Ginger Elwood, TCF, Knoxville, TN

He kneels and brings out brush and cloth,
A weekly ritual from the start.
The tears well up now, sorrow shows
A father's suffering, broken heart.

Carefully and tenderly,
Brushing off the grains of sand,
He cleans the marker at the grave
With a gentle, loving hand.

Brushing, brushing, brush her name,
Clean the dates of birth and death,
Clean away the stains of rain
With trembling hand and ragged breath..

Does he feel a closeness there, Memory seeing form and face, Hoping she can feel his love Here at her last resting place.

Now he rises, lingering still,
Though the job is done for today,
Hunches shoulders, breathes a sigh, wipes his eye,
Turns sadly and walks away.



The bereaved father is a unique individual, his uniqueness and problems are not often understood by others, or even himself. His child's death puts extraordinary demands on him. All the roles he fills change and his life is truly never the same again.



He sat in the bay window, watching

Listening for your truck, for your steps on the sidewalk

Every morning for three weeks ,between six and six-thirty.

This loyal friend didn't understand

Why you never came, why you'd deserted him.

He, who loved you, who would announce your arrival

Telling us: Hey! Hey! He's here!

Could not understand where you'd gone,

Or why you'd stay away from him.

He grieved as much as we.

He became depressed and listless.

He slept more and more, and ate less and less.

"Do something," I told your dad, "

Or he'll die, too," missing you.

So one morning at the appointed time

Your dad got Darryl's leash and stood at the front door.

Slowly, Darryl came from the window

For the chance to go find you himself.

They started in the driveway at your truck.

Your dad opened the door, let him sniff the seats, the floor.

Smelling you, but not seeing you,

He was ready to look elsewhere.

So they began their early morning walks,

Fairly short walks, around a block or two,

To prove you weren't close by.

And after all, Darryl is getting old,

And your dad is not young anymore.

What began for the dog has helped them both

See that, yes, you aren't coming anymore

And the world is still intact and the sun will rise on another day.

For now, they have each other

And Darryl is satisfied and living again.

By Mona Follis, TCF Sugar Land -SW Houston, Texas

## **Grief's Companion**

By Kitty Reeve, TCF Marian County & San Francisco Chapters

Grief is such an individual journey. We are cast on its path without our consent, enveloped by a depth of pain we never dreamed existed. We all have times when despair and loneliness threaten to engulf us.

But we do have one companion on this lonely, unsought road: our child who died. I think there is never a moment in the day when a part of me is not connected to Philip, to our years together - and to our present relationship. Our journey through grief is a good-bye to the physical presence of our children, but it is never good-bye to their spirits and to the essence of their being. Philip lives inside of me now, and the same gifts he gave me when he was physically alive are still available to me through his spirit. In some ways, those "spirit gifts" are stronger, because they are contained and undiluted within me.

When the days get unbearably hard, when I think of all this wonderful young man missed by not getting to live out his life, I try to remember to focus on the present Philip, the one inside me. I try to integrate his gifts into my life, sometimes seeing through his eyes, thinking from his heart and mind. Often when I walk in the hills, I'll hear his voice: "Pay attention, Mom." (He noticed details in nature so much more than I.)

No matter how old your child who died, the essence of this unique being remains within you forever. Through us and others who knew them, our children continue to live and affect our present world. Though not in the way we hoped and expected, our beloved children are still alive.

May the spirit of the child who lives so deep within your heart help you through every moment of the reestablishing of your life.

The loss of a child is bitter

But the memory of that child is sweet

Hold on to that memory

Experience the sweetness

For that child is forever your child

Author Unknown

# Sibling Page

## **GRADUATION**

#### A Time To Remember

By Amy Baker Ferry, TCF Longwood, FL

I was driving down the road the other day, thinking of how the retail market makes any event an opportunity for revenue. Graduation seems to fall into that category, with cards and gifts for every Graduate.

This time of year reminds me that my graduation from high school was a bittersweet time. Really, it was the first time I had "surpassed" my older brother, David, in anything significant. I turned the age that he was when he died, 18, in the beginning of my senior year of high school. That year was difficult for me, as I felt that I was getting to move past where he had been cut short.

Graduation day was no exception. I was happy to be getting out of high school, and looking forward to that coming August when I would go to college. But why was I getting to do these things, and not David? What made me so special that I got to stay here and experience these things?

I still am not quite sure of the answer to those questions. Graduation from high school was really just the first of many events which I have gotten to experience that David never will. College graduation, my wedding, and the birth of my two children are examples. And for me, each event has been a bit bittersweet.

The good news is this: that while time does make it easier to bear day-to-day activities without your sibling, each major event in your life presents itself as a new opportunity to remember your brother or sister, as well. For me, figuring that out was a huge relief, as it meant that my fear of forgetting David was not something I needed to worry about any more. His memory is just as alive for me today, 15 1/2 years later, as it was when I took that walk across the stage to accept my high school diploma.

All the Things I Miss
By Shannon Odessa Stiener Lowell, IN

I sometimes think about all the things I miss about my brother.

There are a lot - some painful, some I never would have believed at the time that I would miss. And I find that what I miss the most are the things that should have been.

I bought my first car the year he would have turned sixteen. He should have been here to ask to borrow the keys - not that I would have given them to him - but he should have been here to ask.

He should have been a senior this year, getting ready to face a world with no more summer vacations and deciding what to do with his life.

All the things that should be:

He should be here when I fall in love to tease me and give his opinion of the man I choose.

He should be here when I have a child to be godparent and uncle, friend and confidant.

He should be here to get married and have kids of his own so that I can be an aunt and a sister-in-law.

He should be here to celebrate when things are good and to commiserate when things are bad.

My brother was my friend and my foe in a way that only little brothers can be. And as I sit here and think about my brother, what I think the most is he should be here.

I love and miss you little brother.

When a parent dies, it is said you lose your past; When your spouse dies, you lose your present; And when your child dies you lose your future;

However when your sibling dies, you lose part of your past, your present and your future

The Compassionate Friends, Adults Grieving The Loss of a Sibling

## Love Gift Form

Your gift will help defray the cost of chapter of	making a Love Gift to support the Compassionate Friends today. expenses such as the newsletter mailings, meetings and our outreach to the newly bereaved. s a 501c(3) non-profit organization and your donations are fully tax deductible.
MUST BE RECEIVED BY THE 1ST	OF THE MONTH PRIOR TO THE MONTH YOU WISH YOR GIFT PUBLISHED
Contributor Name	Mail to:
Address	THE COMPASSIONATE FRIENDS LEHIGH VALLEY CHAPTER P.O. BOX 149 BATH, PA 18014
Phone	Email Address
I would like to make a donation In Memory of	In Honor of A Chapter Gift (without memorial or honorarium)
Name of person gift given for	Edition Month desired publication month . Deadline by the the 1st of the prior month
Special Text - Brief Messages Please. Poems & story sub	bmissions are always welcome and should be sent directly to the Newsletter Editor for inclusion in the newsletter.
Enclosed is my donation of \$	Lehigh Valley  Carbon County  Easton  Note: Please mail Carbon County & Easton gifts to the addresses below
If your gift is for Lehigh Valley please designate  Newsletter Expenses Postage	which of the following your gift is for ( you may circle more than one )  Office Expenses Outreach Program Special Events
Mailing Addresses for Carbon County and	Easton Chapters
The Compassionate Friends, Carbon County C/O Patti Bissell 365 Drift Rd Palmerton, Pa 18071	The Compassionate Friends, Easton C/O John Szabo 1514 Sculac Dr Bethlehem, Pa 18020
	Member Update Form
	n or permit publication of child's Birth and Anniversary dates in "Our Children Remembered" (OCR) section.
Mail this update form to: Kathleen Collins, 2971	Pheasant Dr., Northampton, PA 18067 or email updates to: TCFNewsEditor@gmail.com
The following is Information change or update	Address or Phone change Permission (check this box to grant OCR publication Newsletter/ Web permission )
Your Name Signatur	re (required)  Relationship to Child  Email Address
Mailing Address (where your newsletter is to be sent to)	Phone Number
Child's Name	Date of Birth Date of Death
Parent / Guardian Names	Child's Sibling's & or Grandparents Names (We publish only Parents/Guardians, Grandparents and Sibling names)
If this is a information change please indicate what changes n	need to be made ( i.e. name change, correction, sibling name addition etc)

# TCF Annual Family Picnic & Balloon Launch

# Sat. June 14 @ 12 pm (Rain or Shine) Moore Township Recreation Center

635 English Rd. Bath, PA

You are invited to join us for our annual Covered Dish Picnic and Memorial Balloon Launch.

Hot dogs, drinks & balloons are provided by the chapter.

Please bring your favorite covered dish, lawn chairs & sports equipment For questions or further information contact Kathy Collins at 484-891-0823

#### Directions to the park:

**From Bethlehem Area** - Take Center St./ PA-512 north, to PA-946 (Community Dr) Turn left proceed 2.4 miles to English Rd turn left, continue .04 miles to park entrance on right. Turn right into the park and follow the park road to the first stop sign turn right and follow the road to the pavilion.

**From Carbon County Area** -Take PA-248 east to PA-512 (Walnut St.) turn left proceed 4 miles to PA-946 (Community Dr) turn left proceed 2.4 miles to English Rd turn left, continue .04 miles. to park entrance on right. Turn right into the park and follow the park road to the first stop sign turn right and follow the road to the pavilion.

**From Easton Area** - Take PA-248 west to PA-512 (Walnut St.) turn right, proceed 4 miles to PA-946 (Community Dr) turn left proceed 2.4 miles to English Rd turn left continue .04 miles to park entrance on right. Turn right into the park and follow the park road to the first stop sign turn right and follow the road to the pavilion.

**From Wind Gap Area** -Take PA-512 South to PA-946 (Community Dr) Turn right proceed 2.4 miles to English Rd and turn left, continue .04 to park entrance on right. Turn right into the park and follow the park road to the first stop sign Turn right into the park and follow the park road to the pavilion

## Suggestion: Keep this top portion as a reminder ackslash ackslash RSVP by June 1

#### PLEASE PRINT

	I EEAGE I KINT			
Yes, I will attend the pi Children	icnic Total Atte	nding	_Adults	
	Covered	Dish I will br	ing	
Name	Phone			
Address				
Chapter(s) you attend				
Yes, I will volunteer to h	nelp with the picnic	_Set Up _	Clean	
Up Other	Mail to: The Compass Attn: Kathy	sionate Friends,		

PO Box 149 Bath, PA 18014